



*Kendall County Special Olympics
Athlete*



Athletes must follow these rules or risk being pulled from competition. The coach will make the determination and that decision will be final. Kendall County Special Olympics wants our athletes to be given the opportunity to participate in effective, safe, and well-organized programs. We feel that the following rules and expectations allow this to be accomplished.

1. ***NO CELL PHONES AT PRACTICE OR EVENTS.*** Cell phones not returned until they are leaving to go home.
2. All athletes will remain with their assigned chaperone at all times.
3. Athletes may leave at the end of their competition with parents only after checking with the ***head coach.***
4. Appropriate uniform and/or clothing must be worn to competition.
5. Athletes will demonstrate good sportsmanship and respect toward others.
 - Do your best
 - Enjoy the event
 - Don't worry about the award
 - Encourage fellow team mates
 - Congratulate others you compete with
6. Athletes will use appropriate language at practice and all competitions. Inappropriate language includes swear words, talking back or yelling at athletes, volunteers, coaches, etc.
7. Athletes will not use violence to express feelings (hitting people, walls, yelling)

8. Athletes are not allowed to make purchases from vending machines, stores, restaurants, etc. If you bring a snack you share with everyone! We provide snacks, so there is no need to bring them.
9. Souvenir shopping with your group when time allows.
10. Athletes will follow instructions of the coach and volunteers.
11. Athletes will follow competition rules per sport.

I, as an athlete of Kendall County Special Olympics represent all of our athletes and coaches when I attend any Special Olympic function. Therefore, I agree to follow these rules and abide by them to the best of my ability at all practices, competitions, and trips sponsored by KCSO.

KCSO Athlete

Date